

FOURTEENTH CONGRESS OF THE REPUBLIC)  
OF THE PHILIPPINES )  
Third Regular Session )

9 OCT 27 P2 57

SENATE  
S.B. No. **3506**

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Introduced by Senator Miriam Defensor Santiago

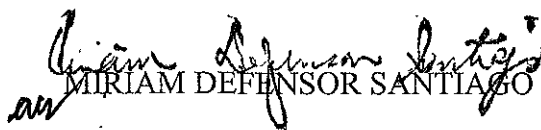
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#### EXPLANATORY NOTE

The Constitution, Article 13, Section 11 states:

The State shall adopt an integrated and comprehensive approach to health development which shall endeavor to make essential goods, health and other social services available to all the people at affordable cost. There shall be priority for the needs of the under-privileged, sick, elderly, disabled, women, and children. The State shall endeavor to provide free medical care to paupers.

Health clubs offer a variety of activities like swimming, weight training, martial arts and aerobics to a wide range of consumers. Many activities can be strenuous and dangerous, even for the "fit and trim". Going too hard or too fast can result in injury and death. Many clubs are well staffed but fail to have people trained in basic first aid and CPR on hand when the club is open. Requiring health clubs to have a CPR and first-aid trained employee present during business hours will ensure basic care for injuries is available, as well as help prevent exacerbation of pre-existing injuries.

  
MIRIAM DEFENSOR SANTIAGO

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1 AN ACT  
2 REQUIRING HEALTH CLUBS  
3 TO HAVE STAFF MEMBERS TRAINED IN FIRST AID

*Be it enacted by the Senate and House of Representatives of the Philippines in Congress assembled:*

4 SECTION 1. *Definition.* – For the purposes of this Act, “Health Club” shall mean any  
5 person, firm, corporation, partnership, association, or other business enterprise offering  
6 instruction, training, or assistance by an individual or group for the preservation, maintenance,  
7 encouragement, or development of physical fitness or well-being which includes but is not  
8 limited to instruction, training, or assistance in bodybuilding, exercising, or any similar course of  
9 physical training.

10 SECTION 2. *Health Club Employee Training.* – Every Health Club shall have in  
11 attendance, at all times during business hours, at least one employee, who holds a valid  
12 certification of completion of a course of study in Advance First Aid Knowledge offered by the  
13 Philippine National Red Cross or other nationally recognized organization, and approved by the  
14 Department of Health. Such course of study must include instruction in the administration of  
15 adult Cardiopulmonary resuscitation.

16 SECTION 3. *Repealing Clause.* – All laws, decrees, orders, rules and regulations or  
17 parts thereof inconsistent with the provisions of this Act are hereby repealed, amended or  
18 modified accordingly.

1           SECTION 4. *Separability Clause.* – If, for any reason, any provision of this Act is  
2   declared to be unconstitutional or invalid, the other sections or provisions of this Act which are  
3   not affected thereby shall continue to be in full force and effect.

4           SECTION 5. *Effectivity Clause.* – This Act shall take effect after fifteen (15) days  
5   following its publication in the *Official Gazette* or in two (2) newspapers of general circulation.

Approved,