

14 MAY -5 P5:29

SENATE  
P. S. Res. No. 634

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Introduced by Senator Maria Lourdes Nancy S. Binay

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**RESOLUTION**

**CALLING ON THE APPROPRIATE SENATE COMMITTEES TO INQUIRE, IN AID OF LEGISLATION, INTO THE RAPID INCREASE OF KIDNEY FAILURE OR END STAGE RENAL DISEASE AMONG FILIPINOS**

**WHEREAS**, according to the National Kidney and Transplant Institute (NKTI), kidney disease, especially End Stage Renal Disease (ESRD), is the 7<sup>th</sup> leading cause of death among Filipinos<sup>1</sup>

**WHEREAS**, according to the Department of Health (DOH)-Philippine Network for Organ Sharing (PhilNOS) program manager, Dr. Antonio Paraiso, approximately 23,000 patients are undergoing dialysis treatment in 2013, not including those suffering from kidney failure but who are not able to get treatment;

**WHEREAS**, according to Dr. Paraiso, almost 130 Filipinos per million population are getting sick of kidney failure each year or more than 120,000 cases in 2013 who needed kidney transplantation. In 2004, only 4,000 patients were on dialysis treatment but at the end of 2013, the number of patients increased to almost 23,000 or an increase of about 10 to 15 percent per year;

**WHEREAS**, the NKTI mentions diabetes mellitus and hypertension as the leading causes of ESRD which together account for almost 60% of dialysis patients. Chronic glomerulonephritis was the most common cause of chronic renal failure in the past;

**WHEREAS**, the DOH points to unhealthy lifestyle as the reason for the shift in the causes of kidney problems and according to Dr. Paraiso both diabetes and hypertension are lifestyle diseases;

**WHEREAS**, according to the NKTI, (1) the cost of medical treatment for kidney disease is really exorbitant, beyond the reach of ordinary patients; (2) renal transplantation is limited due to the expense and the shortage of donors; (3) the best that can be done at present is to focus efforts on the prevention of progression of renal diseases; and (4) strict blood pressure and glycemic control and adoption of healthy lifestyle play a major role in reducing if not totally controlling the epidemic of renal failure and this could be achieved through proper education;

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<sup>1</sup> National Kidney and Transplant Institute, *Kidney Health Plus*, [http://www.nkti.gov.ph/kidney\\_health.do](http://www.nkti.gov.ph/kidney_health.do).

**RESOLVED, AS IT IS HEREBY RESOLVED**, by the Senate of the Philippines, to call on the appropriate senate committees to inquire, in aid of legislation, into the rapid increase of kidney failure or end stage renal disease among Filipinos.

Adopted,



**MARIA LOURDES NANCY S. BINAY**  
Senator