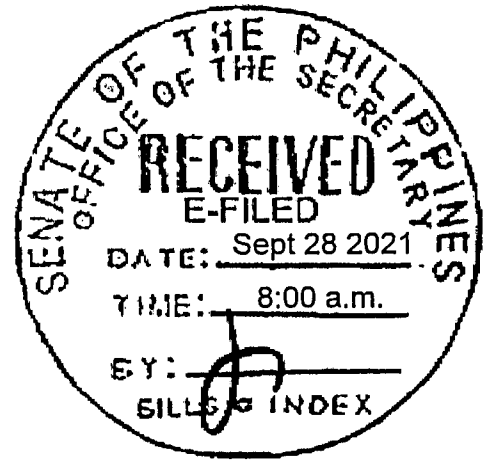


EIGHTEENTH CONGRESS OF THE)
REPUBLIC OF THE PHILIPPINES)
Third Regular Session)



SENATE

P.S. Res. No. 919

Introduced by **SENATOR PIA S. CAYETANO**

RESOLUTION

URGING THE COMMITTEE ON SUSTAINABLE DEVELOPMENT GOALS, INNOVATION, AND FUTURES THINKING TO CONDUCT AN INQUIRY, IN AID OF LEGISLATION, ON THE OUTLOOK OF PHILIPPINE SPORTS, WITH THE END GOAL OF CREATING POLICIES AND MEASURES THAT WILL HELP THE COUNTRY ACHIEVE THE SUSTAINABLE DEVELOPMENT GOALS AND ENSURE ITS PREPAREDNESS FOR THE FUTURE OF SPORTS

WHEREAS, the Philippines is a party to the 2030 Agenda for Sustainable Development and has adopted the 17 Sustainable Development Goals (SDGs), which serve as a unique opportunity to inspire global action for development worldwide, including in the field of sports and athletics;

WHEREAS, 2021 is a historic year for Philippine sports marked by a record-breaking number of Olympic medals, which followed the country's extraordinary performance as overall champion in the 2019 Southeast Asian Games,¹ and building on this momentum and the gains achieved after decades of training and sacrifice by our athletes and their teams is now more urgent to ensure the country's continued participation and success in sports;

WHEREAS, the World Health Organization provides that regular participation in sports and physical activities has various social and health benefits which have a direct impact on physical health and fitness, encourages healthy lifestyle choices and

¹Nakpil, D. (2019, Dec 11). PH is 2019 SEA Games overall champion. Retrieved on September 27, 2021 from <https://www.cnnphilippines.com/seagames/2019/12/11/2019-SEA-Games-Philippines-overall-champion.html>

also prevents and manages non-communicable diseases such as heart disease, stroke, diabetes and several cancers;²

WHEREAS, physical exercise can also stimulate positive mental health and cognitive development and has been linked to improvements in self-esteem and self-confidence, as well as positive effects for people struggling with depression and anxiety;³

WHEREAS, sports can have a positive impact on all SDGs, such as improving social development by instilling the values of leadership and equality, and honing young Filipinos from disadvantaged communities and differently-abled groups to use sport as a tool for progress and inclusiveness (SDG 10 on reduced inequalities), exposing students to lifelong learning and to values such as teamwork, fair play, cooperation, and discipline (SDG 4 on quality education), empowering women and girls through active female participation that challenges stereotypes and social roles (SDG 5 on gender equality), and motivating a nation to exercise and be fit (SDG 3 on good health and well-being) while using a whole-of-nation approach (SDG 17 on partnerships);

WHEREAS, there is a further need to ensure the country's capability and preparedness for different technologies and scientific advances that can define the future of sports and determine international rules and standards of sports and competitions for years to come, such as advances in athlete nutrition,⁴ training, and even in spectator experience;⁵

WHEREAS, futures thinking involves "a set of approaches and tools designed to help their users identify emerging issues, negotiate uncertainties, articulate

² World Health Organization. (2020, Nov. 26). Physical activity. Retrieved on September 27, 2021 from <https://www.who.int/news-room/fact-sheets/detail/physical-activity>

³ Ibid.

⁴ The Economist. (n.d.). The Future of Nutrition and Sports: Food Fights. Retrieved on September 27, 2021 from <https://thefutureishere.economist.com/#blog-nutrition>

⁵ The Economist. (n.d.). The Future of Sports Entertainment. Retrieved on September 27, 2021 from <https://thefutureishere.economist.com/#blog-entertainment>

scenarios, develop a common vision of a desired future through wide participation, introduce innovation, and design robust policies and strategies;”⁶

WHEREAS, in order to build on the accomplishments of Philippine sports this 2021, it is important to identify gaps and explore ideas, opportunities and solutions in order to prepare for a future that is conducive to physical activity and participation in sports, as well as providing the best opportunities for Philippine athletes to succeed in their fields both nationally and globally;

NOW, THEREFORE, BE IT RESOLVED, to urge the Committee on Sustainable Development Goals, Innovation, and Futures Thinking to conduct an inquiry, in aid of legislation, on the outlook of Philippine sports, with the end goal of creating policies and measures that will help the country achieve the Sustainable Development Goals and ensure its preparedness for the future of sports.

Adopted,

Pia S. Cayetano
PIA S. CAYETANO

⁶ ADB. 2020. Futures Thinking in Asia and the Pacific: Why Foresight Matters for Policy Makers. Manila: ADB. ADB. <https://www.adb.org/sites/default/files/publication/579491/futures-thinking-asia-pacific-policy-makers.pdf> CC-BY 3.0 IGO.