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SENATE  
PS. Res. No. 365

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Introduced by **Senator Manuel "Lito" M. Lapid**

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**RESOLUTION**  
**CONGRATULATING AND COMMENDING HIDILYN DIAZ FOR WINNING 3**  
**GOLD MEDALS AT THE 2022 INTERNATIONAL WEIGHTLIFTING**  
**FEDERATION WORLD CHAMPIONSHIPS HELD IN BOGOTA, COLOMBIA**

**WHEREAS**, Art. XIV, Section 19 of the 1987 Philippine Constitution states that "the State shall promote physical education and encourage sports programs, league competitions, and amateur sports, including training for international competitions, to foster self-discipline, teamwork, and excellence for the development of a healthy and alert citizenry;"

**WHEREAS**, it is in recognition of this policy that we recognize and honor the significant achievements of our brethren and sistren in the field of sports to encourage and incentivize excellence among our athletes;

**WHEREAS**, the Philippine Senate has, on numerous occasions, recognized and given commendation to outstanding Filipino athletes for bringing pride and honor to the country by representing and winning in international sports events;

**WHEREAS**, at the 2022 International Weightlifting Federation World Championships, Filipina Olympic Gold Medalist Hidilyn Diaz reasserted her dominance in the weightlifting world and bagged 3 gold medals in the women's 55kg division;

**WHEREAS**, Diaz lifted 93kg in snatch, 114kg in clean and jerk for a total of 207kg and swept her competition, she bested close rival Rosalba Morales of host Colombia and Mexico's Ana Gabriela Lopez;

**WHEREAS**, the world title has been elusive for Diaz despite her many accomplishments in the weightlifting world and this win is a monumental one for her career, back in 2015 she finished with a bronze in the same competition while participating in the women's 53kg, and in 2021 finished with a silver in the women's 55kg division, now she adds the title "world champion" to her list of accomplishments;

**WHEREAS**, the remarkable performance of Hidilyn Diaz in the 2022 IWF World Championships deserve to be recognized and commended yet again bringing honor and pride to our nation, reasserting our presence in the weightlifting world;

**WHEREAS**, this win is a momentum-builder for Diaz as she again guns for another gold medal in the 2024 Paris Olympics, and her victory truly showcases the Filipino relentlessness in sports excellence, no matter what the sport we may find ourselves competing in;

**NOW, THEREFORE, BE IT RESOLVED**, for the Senate of the Philippines to congratulate and commend Olympic Gold Medalist and now World Champion Hidilyn Diaz for her successful campaign in the 2022 International Weightlifting Federation World Championships held in Bogota, Colombia.

*Adopted,*



**MANUEL "LITO" M. LAPID**  
*Senator*

