


NINETEENTH CONGRESS OF THE)
REPUBLIC OF THE PHILIPPINES)
First Regular Session)

'22 DEC 12 P1:42

SENATE

P.S. RES. NO. 375

RECEIVED BY: 

Introduced by Senator **PIA S. CAYETANO**

RESOLUTION

CONGRATULATING AND COMMENDING WEIGHTLIFTER HIDILYN DIAZ FOR BRINGING PRIDE AND HONOR TO THE COUNTRY BY WINNING ALL THREE (3) GOLD MEDALS IN THE WOMEN'S 55KG DIVISION AT THE 2022 WORLD WEIGHTLIFTING CHAMPIONSHIPS IN BOGOTA, COLOMBIA

- 1 **WHEREAS**, the Philippines' first ever Olympic gold medalist, Hidilyn Diaz,
2 continues to show the world her prowess in weightlifting as she bagged all three (3)
3 gold medals in the Women's 55kg Division at the 2022 World Weightlifting
4 Championships in Bogota, Colombia last 8 December 2022;¹
5 **WHEREAS**, Diaz dominated all three (3) categories: the snatch, the clean and
6 jerk, and the total lift to finish with 207kg;²
7 **WHEREAS**, her recent world championships completed Diaz's collection of gold
8 medals, as she previously won bronze medals in the 2015, 2017, and 2019 editions of
9 the event;³
10 **WHEREAS**, Diaz's historic performances in weightlifting include the following:
11 tenth place in the 2006 Asian Games, bronze medalist at the 2007 SEA Games,⁴ silver

¹ Hidilyn Diaz adds world weightlifting golds to her collection. (8 December 2022). *ABS CBN*. <https://news.abs-cbn.com/sports/12/08/22/hidilyn-diaz-wins-3-golds-at-world-championships>

² Agcaoili, L (8 December 2022). Hidilyn Diaz dominates weightlifting world championships with 3 golds. *Inquirer*. <https://sports.inquirer.net/489188/hidilyn-diaz-dominates-weightlifting-world-championships-with-3-golds>

³ Hidilyn Diaz adds world weightlifting golds to her collection. (8 December 2022). *ABS CBN*. <https://news.abs-cbn.com/sports/12/08/22/hidilyn-diaz-wins-3-golds-at-world-championships>

⁴ Breakdown of Hidilyn Diaz's P35.5M prize for winning Olympic gold medal. (27 July 2021). *Philippines Lifestyle Media*. <https://philippineslifestyle.com/hidilyn-diaz-35m-prize-olympic-gold-medal/>

1 medalist at the 2016 Rio de Janeiro Olympics,⁵ gold medalist at the Asian Games in
2 2018,⁶ first place at the 2019 Southeast Asian Games, fourth place at the 2019 World
3 Championships,⁷ and the Philippines' first ever Olympic gold medalist during the 2020
4 Tokyo Olympics;⁸

5 **WHEREAS**, the Filipina weightlifter's feat shows her undeniable strength and
6 mastery in her sport, serving as an inspiration to all Filipino athletes, especially women,
7 to persevere, as there is no limit to success;

8 **NOW, THEREFORE, BE IT RESOLVED**, that the Senate of the Philippines
9 congratulate and commend weightlifter Hidilyn Diaz for bringing pride and honor to
10 the country by winning all three (3) gold medals in the Women's 55kg Division at the
11 2022 World Weightlifting Championships in Bogota, Colombia.

Adopted,


PIA S. CAYETANO

⁵ Del Rosario, P. (9 August 2016). Rio 2016: Hidilyn Diaz ends Philippines Olympic medal drought with weightlifting silver. *CNN Philippines*. <https://cnnphilippines.com/sports/2016/08/08/rio-2016-hidilyn-diaz-wins-silver-medal.html>

⁶ Basco, K. (26 July 2021). Gold at last! Hidilyn writes PH sports history as Olympic champ. *ABS CBN*. <https://news.abs-cbn.com/sports/07/26/21/gold-at-last-hidilyn-writes-ph-sports-history-as-olympic-champ>

⁷ Nikkei staff writers. (29 July 2021). Olympics from July 23-28: Japan swimmer Ohashi bags 2 early golds. *Nikkei Asia*. <https://asia.nikkei.com/Spotlight/Tokyo-2020-Olympics/Olympics-latest-Hidilyn-Diaz-wins-Philippines-first-ever-gold-medal>

⁸ Hidilyn Diaz adds world weightlifting golds to her collection. (8 December 2022). *ABS CBN*. <https://news.abs-cbn.com/sports/12/08/22/hidilyn-diaz-wins-3-golds-at-world-championships>