

NINETEENTH CONGRESS OF THE )  
REPUBLIC OF THE PHILIPPINES )  
First Regular Session )

'22 DEC 13 A11 :54

SENATE

RECEIVED BY: 

P. S. Res. No. 379

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**Introduced by Senator Jinggoy Ejercito Estrada**

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**RESOLUTION**

**COMMENDING AND CONGRATULATING FILIPINO OLYMPIC GOLD MEDALIST AND WEIGHTLIFTER HIDILYN DIAZ-NARANJO FOR WINNING THREE GOLD MEDALS AND BECOMING A WORLD CHAMPION IN THE WOMEN'S 55-KG CATEGORY AT THE IWF WORLD WEIGHTLIFTING CHAMPIONSHIPS HELD IN BOGOTA, COLOMBIA FROM DECEMBER 05 TO 16, 2022**

1 WHEREAS, the Senate of the Philippines, on numerous occasions, has  
2 recognized outstanding Filipino athletes for their significant achievements in  
3 international sports competitions which bring honor and pride to the country;

4 WHEREAS, the 2022 International Weightlifting Federation (IWF) World  
5 Weightlifting Championships, a qualifying event for the 2024 Paris Olympics, was  
6 held from December 5 to 16, 2022 in Bogota, Colombia;

7 WHEREAS, the 31-year old Filipina weightlifter, Tokyo Olympics gold medalist  
8 and sports icon, dominated the women's 55-kg division of the IWF World  
9 Championships and won three (3) gold medals last December 8, 2022 (Manila time);

10 WHEREAS, the four-time Olympian cleared 93 kg in the snatch, and 114 kg in  
11 the clean and jerk. Diaz tallied a total of 207 kg to beat Rosalba Morales of Colombia  
12 with 199 kg, and Ana Gabriela Lopez of Mexico with 198 kg and swept all three gold  
13 medals in the prestigious event;

14 WHEREAS, Diaz participated in the previous editions of the world  
15 championship tilt wherein she clinched bronze medals in the women's 53-kg division  
16 held in Houston, Texas, USA last 2015, and in Anaheim, California, USA last 2017;  
17 and in the 55-kg division held in Pattaya, Thailand last 2019;

1           WHEREAS, her latest and momentous triumph as a world champion  
2 completes her remarkable gold medal haul from major weightlifting tournaments in  
3 her already stellar professional career which included an Olympic gold in 2021, an  
4 Asian Games gold medal in 2018, and two gold medals from the Southeast Asian  
5 (SEA) Games in 2019 and 2022;

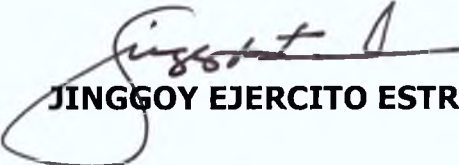
6           WHEREAS, the Senate conferred unto Diaz the Philippine Senate Medal of  
7 Excellence through Resolution No. 121 adopted last September 1, 2021 for her  
8 outstanding achievement of winning the country's first ever gold medal in the  
9 Olympics and for bringing honor and prestige to the country and serving as an  
10 inspiration to the Filipino people;

11           WHEREAS, Diaz embodies the best qualities and highest ideals of a Filipino  
12 athlete and exemplifies consistent discipline, perseverance, sportsmanship, and  
13 commitment to excellence which should be emulated by fellow Filipinos and the  
14 younger generation;

15           WHEREAS, Diaz continues to bring immense pride, joy and glory to the  
16 country with her yet another impressive performance in the world arena. Such  
17 accomplishment deserves commendation from the Philippine Senate;

18           NOW, THEREFORE BE IT RESOLVED, as it is hereby resolved by the Senate,  
19 to commend and congratulate Filipino Olympic gold medalist and weightlifter Hidilyn  
20 Diaz-Naranjo for winning three gold medals and becoming a world champion in the  
21 women's 55-kg category at the IWF World Weightlifting Championships held in  
22 Bogota, Colombia from December 05 to 16, 2022.

*Adopted,*

  
**JINGGOY EJERCITO ESTRADA**