NINETEENTH CONGRESS OF THE
REPUBLIC OF THE PHILIPPINES
First Regular Session



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SENATE

P.S. Res. No. <u>441</u>

RECEIVED BY:

Introduced by SENATOR RAMON BONG REVILLA, JR.

RESOLUTION

COMMENDING GUINNESS TITLE HOLDER SANDI MENCHI ABAHAN AND ARMY STAFF SERGEANT ANDRICO S. MAHILUM FOR EMERGING AS CHAMPIONS IN THE ALTITUDE OCR (OBSTACLE COURSE RACING) WORLD CHAMPIONSHIPS MOUNT EVEREST IN THE HIMALAYAS HELD ON NOVEMBER 8 - 22, 2022

WHEREAS, the Philippine Senate has, on several occasions, given recognition and commendation to outstanding Filipinos for their exceptional feats of bringing honor, pride and glory to the country by garnering prestigious awards;

WHEREAS, The Altitude Obstacle Course Races are events held in high altitude environments. Racers for the Mount Everest had to finish the mountain's extremely high altitude of 18,000+ feet or 5,500+ meters to be declared a winner;

WHEREAS, Sandi Menchi Abahan and Army Staff Sergeant Andrico S. Mahilum emerged as the best in the sport as they topped the female and male categories of the race that started on November 8, 2022 and ended on November 22, 2022 after they arrived at the peak of the tallest mountain on earth scaling an ultra-high altitude of 18,000-plus feet or 5,500-plus meters;

WHEREAS, both bagged the championship after besting professional obstacle athletes from India, Nepal, United Kingdom, Canada, Greece, Australia, South Africa, USA, Poland, Hungary, Spain, Portugal, and Brazil;

WHEREAS, there are three phases in the competition: the first phase, which lasts for ten (10) days, included a series of trekking to the Nepali villages and adjacent mountain settlements of Mount Everest Base Camp, among others; the second phase, includes obstacles such as cargo net crawl, balance beam, low wall, sandbag carry, and overcoming "The Wall," which is a five-meter high wall with overhang, among

others; and the third and final phase was the descent from Kala Patthar, including a marathon and individual speed race, among others;

WHEREAS, Menchi, a Sea Games gold medalist, a Spartan Pro athlete, and a fully recognized trail runner, is one of the five Filipinos who was recognized by the Guinness Book of World Records during World's Highest OCR & Altitude OCR on Mount Kilimanjaro, Tanzania on 19 September 2021;

WHEREAS, Andrico is an athlete par excellence, who is part of the Philippine Army Special Service Center in Fort Bonifacio;

WHEREAS, Corporal Ailene Tolentino finished third place in the women's category;

WHEREAS, The monumental performance of Menchi, a Cordilleran elite trail runner, and Andrico, an Army sergeant and vertical racer, has brought honor to the nation. Menchi and Andrico are both worthy to be commended for their international feat showcasing their determination, focus and perseverance. Indeed, "*They have been tried and tested by obstacles. They brought glory to the flag, they overcame the obstacles, they conquered the mountain, they braved the weather*";

NOW THEREFORE, BE IT RESOLVED, as it is hereby resolved, to commend Guinness Title Holder Sandi Menchi Abahan and Army Staff Sergeant Andrico S. Mahilum for Emerging as Champions in the Altitude OCR (Obstacle Course Racing) World Championships Mount Everest in the Himalayas held on November 8 - 22, 2022.

Adopted,

RAMON BONG REVILLA JR