SIXTEENTH CONGRESS OF THE REPUBLIC OF THE PHILIPPINES Third Regular Session

County College of the Secretary

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SENATE

s. B. No. __3016

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INTRODUCED BY SENATOR SONNY M. ANGARA

AN ACT REQUIRING BASIC EDUCATION STUDENTS TO UNDERGO CARDIOPULMONARY RESUSCITATION (CPR) TRAINING

EXPLANATORY NOTE

This is a counterpart measure of a bill (House Bill 5891) filed originally in the House of Representatives by Rep. Joseller "Yeng" Guiao.

Throughout the years, cardiopulmonary resuscitation (CPR) has been one of the most important yet underrated first-aid worldwide. CPR helps maintain vital blood flow to the heart and brain, and decreases the amount of time that an electric shock that causes cardiac arrest can be effective. According to the American Heart Association, a pioneer organization in cardiac care, a victim's survival doubles when CPR is administered.

The incident involving PBA superstar Samboy Lim, who suffered a heart attack during an exhibition game, clearly illustrates the importance of CPR knowledge. At the time of incident, more than 20 people were present but no one knew how to conduct CPR. Doctors noted that if CPR had been administered within three minutes, Lim's chances of recovery would have been better. This highlights the need for the Philippines to increase knowledge of CPR, as a lifesaving skill, even among ordinary Filipinos.

Thus, this bill proposes to make mandatory the inclusion of basic CPR training for K-12 high school students. The country should be CPR-ready, and training more than five million able-bodied youth is a big step towards this goal.

CPR training In schools and communities has been a practice in our Aslan neighbors Malaysia, Singapore and Japan. In the United States, 27 out of the 50 states have mandated the teaching of CPR skills in high schools and have made it a requisite prior to graduation, while Norway had been doing it since 1960s.

Considering the benefits and the countless lives that can be saved if we train our youth with CPR, the immediate passage of this measure is earnestly sought.

SENATOR SONNY M. ANGARA

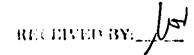
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Be it enacted by the Senate and the House of Representatives of the Philippines in Congress assembled:

SECTION 1. Short Title. – This Act shall be known as the "CPR Training In Schools Act".

SEC. 2. Declaration of Policy. – Pursuant to Section 15, Article II of the 1987 Philippine Constitution, it is hereby declared the policy of the State to protect and promote the right to health of the people and instill health consciousness among them.

Pursuant thereto, the State shall ensure that able-bodied citizens are equipped with the necessary knowledge and basic skills to respond to certain health emergencies.

SEC. 3. Cardiopulmonary Resuscitation Instruction for Basic Education Students. – It shall be the duty of all public and private basic education schools operating nationwide to provide their students with at least one (1) training session in cardiopulmonary resuscitation (CPR) through the use of psychomotor training in an age-appropriate manner. The CPR instruction shall include programs which have been developed by the Philippine Heart Association (PHA) or Philippine National Red Cross (PNRC) using nationally-recognized, evidence-based guidelines for emergency cardiovascular care, and psychomotor training, to support the instruction. As far as practicable, basic education schools shall incorporate the CPR training as part of the schools' comprehensive health and physical education curriculum.

As used in this Act, *psychomotor training* refers to hands-on practice to support cognitive learning.

- SEC. 4. CPR Training as Prerequisite for Graduation. Every student in the primary and secondary levels shall be required to undergo at least one (1) CPR training session as requirement for graduation. All successful student-trainees shall be certified to have undergone the training required by a competent school authority.
- SEC. 5. Training Providers. The school principal or administrator shall coordinate with the Department of Health for its assistance in providing competent instructors for the school's CPR training program. The school

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School principals or administrators are encouraged to accept competent CPR instructors from non-government organizations (NGOs) who are offering their services for free.

principal or administrator shall ensure that instructors for CPR shall be utilized as

trainors only if the instruction is intended to lead to a certification for students.

- SEC. 6. Exceptions. Students suffering from any physical or mental disability which may render them unable to perform a CPR procedure are exempted from going through the CPR training program.
- SEC. 7. Implementing Rules and Regulations. Within ninety (90) days from the approval of this Act, the Secretary of Education, in consultation with the Secretary of Health, shall formulate the rules and regulations implementing the provisions of this Act. The implementing rules and regulations issued pursuant to this section shall take effect thirty (30) days after its publication in a national newspaper of general circulation.
- SEC. 8. Effectivity. This Act shall take effect fifteen (15) days after its publication in the Official Gazette or in a newspaper of general circulation.

Approved,