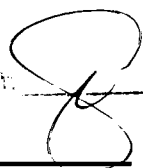


NINETEENTH CONGRESS OF THE )  
REPUBLIC OF THE PHILIPPINES )  
Second Regular Session )

23 AUG 23 A10 :52

SENATE  
PS. Res. No. 750

RECEIVED BY: 

Introduced by **Senator Manuel "Lito" M. Lapid**

**RESOLUTION**  
**CONGRATULATING AND COMMENDING VANESSA SARNO FOR WINNING**  
**THREE GOLDS AT THE 2023 ASIAN YOUTH AND JUNIOR WEIGHTLIFTING**  
**CHAMPIONSHIPS HELD IN NEW DELHI, INDIA**

**WHEREAS**, the Senate has, on several occasions, recognized and commended outstanding Filipinos for their accomplishments that have brought honor, pride, and glory to our country by garnering prestigious awards;

**WHEREAS**, the 19-year-old incumbent Southeast Asian Games record-holder and 2020 Asian champion from Tagbilaran City, Bohol, Vanessa Sarno, bagged the women's 71kg title at the 2023 Asian Weightlifting Youth and Junior Championships on August 9, 2023;

**WHEREAS**, despite confinement at the intensive care unit of a local hospital in New Delhi, India days prior the competition, Sarno took the opportunity to compete to retain the SEA Games weightlifting title;

**WHEREAS**, Sarno's fever was so high that she fainted at the hospital. Sarno stayed there overnight before the team decided to bring her back to the hotel where she rested over the next three days;

**WHEREAS**, in the competition, Sarno was able to collect 216kg by lifting 95kg in the snatch and 121kg, abling her to rule the 10-woman field;

**WHEREAS,** Sarno's achievement in New Delhi follows her impressive victory in the Southeast Asian Games in Cambodia held last June 2023 and adds to the growing list of her accolades, making her the next rising star in the sport of weightlifting;

**WHEREAS,** Vanessa Sarno's remarkable achievement serves as a testament to the fact that Filipinos have the capability and determination to excel in any chosen field and leave a lasting impact on the global stage;

**NOW, THEREFORE, BE IT RESOLVED,** for the Senate of the Philippines to congratulate and commend Vanessa Sarno for winning three golds at the 2023 Asian Youth and Junior Weightlifting Championships held in New Delhi, India.

*Adopted,*

  
**MANUEL "LITO" M. LAPID**  
*Senator* 